

WHEAT



Wheat is a cereal grain mostly eaten in the form of bread in different parts of the world. Wheat exporter in India exports tonnes of wheat abroad each year. Wheat is also known to have a higher protein content than other major cereals such as maize or rice. Thus the global demand for wheat export is on the rise. The Indian wheat exporter, therefore, exports increasing amount of wheat and wheat products each year. This is a good opportunity for wheat export from India to rise and earn good revenues for the vendors and farmers.

WHEAT VARIETIES WE EXPORT

Wheat import from India includes import of various varieties of wheat like VL- 832, VL-804, HS-365 so on and so forth. The wheat exporter in India export premium quality products to various continents in the world. The export of wheat from India includes the following key varieties.





Wheat

INGREDIENTS

Nutrients	Calories - 364 calories Dietary Fiber - 2.7 g Total Carbohydrate 76 g
Protein	10g
Vitamins	Vitamin B6
Minerals	Iron Thiamin Niacin Calcium Selenium Manganese Phosphorous Copper Folate

CORN



Corn is known to be one of the world's most popular cereal grains. It is actually the seed of a plant in the grass family. Corn exporter in India export tonnes of corn every year. Popcorn and sweet corn are some of the popular varieties of corn. Corn can be used in salads, vegetables, curries, and so on. Corn export from India has been one of the rapidly growing exports.

USES & BENEFITS

- Corn is known to be a very effective energy booster. Thus, many experts recommend eating corn after exercising.
- Corn also helps to gain weight. It is a much better and healthier food option rather than junk food.
- Corn is also said to be an excellent choice for diabetes and cholesterol patients. This is because sweet corn and corn oil increase the blood flow, lower cholesterol absorption and regulates insulin.
- Corn is also used to feed livestock.





Corn

INGREDIENTS

Nutrients	177 Calories Carbohydrates - 41 grams Fiber - 4.6 grams
Protein	5.4 g
Vitamins	Vitamin B6, Vitamin E
Minerals	Magnesium Phosphorous Zinc Copper Iron Thiamin Riboflavin Niacin Folate Pantothenic Acid
Fats	2.1gm

CHICKPEAS



We at Geewin export the best quality Chickpeas. These are a commonly called Kabuli chana, desi chickpeas etc. It is used in the preparation of number of snacks and dishes. It has its own unique flavour and is free from adulteration. Chickpea is known for its multiple health benefits. It is rich in both soluble and insoluble fibre. It also facilitates weight loss.

FEATURES

- Naturally enriched with taste and health benefits
- Owing to low GI and high fiber content helps in weight loss
- Helps in stabilizing blood sugar with low Glycaemic Index (GI)
- Regular intake helps in lowering bad LDL and cholesterol
- Contains antioxidants and lowers the risk of breast cancer
- High iron content that boosts energy





Chickpeas

Size / Type	40/42 (14mm)	42/44 (12mm)	44/46 (11mm)	58/60 (9mm)	75/80 (8mm)
Broken,split,warm eaten	2%	2%	2%	2%	2.50%
Absorbed,green,brown	1%	1%	1%	1%	2.50%
Stain	0.50%	0.50%	0.50%	1.00%	2.00%
Smooth	0.50%	0.50%	0.50%	1.00%	2.00%
Foreign matter	0.20%	0.20%	0.20%	0.20%	0.20%
Moisture	13%	13%	13%	13%	13%

- Packing
 - 50kg PP Bags / Jute Bags
- Loadability
 - 24 MT / 20 FT container

MILLET



Milletts are the small seeded grasses yielding tiny, round shaped grains that are highest in nutrition. With significant amounts of fiber, protein, essential vitamins and minerals along with amino acids, millets are considered nutritionally superior to the widely consumed cereals like rice and wheat. Millets are used either in the whole form or in grounded powder form essentially in India to make roti.

There are basically four variants of millets specified according to their color – white, yellow, gray and red millets. Millets are usually available in hulled form in stores. However the whole millet grains the most nutritious with lot of essential dietary fiber and nutrients.

At GCG Pvt Ltd, we are the best millet exporters, suppliers and wholesalers in India. We can source high quality, adulteration-free whole millet grains right to you through a hassle-free approach. We take both bulk and custom millet grain orders to best meet our customer requirements. With a widespread global network and highly efficient team functioning for us, we can easily source our customer needs anywhere in the world within the specific timelines. Hence, if you want to order whole millet grains from us, then please contact us. We promise to meet your needs to best of your satisfaction.





Millet

INGREDIENTS

Moisture	11% max
Foreign Matter	1% min
Other Food Grain	1% min
Discoloured	1% min
Broken	1% min
Crop	New Year
Origin	India
Packing	25kgs / 50kgs in PP bag


BARLEY



Barley is the mild nutty flavored grain that is covered with bran and an outer shell. There are typically two varieties of barley available – hulled barley and pearl barley. While the hulled barley is more nutritious with just its outer shell removed and bran intact, pearl barley has got both hull and bran removed and hence, is less nutritious comparatively. However, it still has many valuable nutrients required for one's good health. So, whatever be the form, barley is considered as nutritious grain which has been cultivated and consumed by humans since ages.

Barley is rich source of several vitamins, fiber, protein, iron, minerals and antioxidants that benefits human health to the most. A diet including barley can improve one's digestion, help in controlling blood sugar levels, lower cholesterol and can also aid in weight loss.

GCG Pvt Ltd is the leading supplier and wholesaler of barley in India. We are the prominent barley exporters in India sourcing the adulteration-free, quality whole barley grains across the world. For us, quality is the top priority and hence, we never fail to source quality products to our customers. We can export barley anywhere across the world with ease and within specific timelines as we have a widespread, well-woven network around the globe functioning with highly efficient team. Hence, for any kind of whole barley requirements, either in bulk or any custom quantity, please contact us. We promise to suffice your requirements to your best satisfaction.





Barley

INGREDIENTS

Moisture	10% max
Foreign Matter	1% min
Other Food Grain	1% min
Discoloured	1% min
Broken	1% min
Crop	New Year
Origin	India
Packing	25kgs / 50kgs in PP bag

SORGHUM



Sorghum, also called milo or great millet, is a highly valued grain that provides a lot of protein and fiber to the body. Whole grain sorghum can be added to cooked dishes, snacks, salads or can even be had like a roti to fulfill one's requirements of digestive fiber in their diet. This gluten-free cereal grain is full of antioxidants and phytochemicals that have numerous health benefits. One of the best advantage of having sorghum whole grains in diet is that this helps in improving one's digestive levels and moreover, also is good substitution for gluten-based cereals like wheat. As high in fiber, it also keeps you full for longer time and is hence considered a good choice of cereal to have for those looking to lose weight.

At GCG Pvt Ltd we source high quality whole sorghum grains in bulk and almost any quantity requirements as required by our customers. We are the leading sorghum grain exporters and wholesalers in India. What makes us the prominent suppliers of sorghum in India is the fact that we source sorghum or milo seeds to any part of the world within the timelines promised. We have a streamlined work process that makes it easier for us to source any kind of requirement without hassles. Our prices are reasonable and won't cut your pockets for sure. So, contact us now for whole sorghum or milo grains.





Sorghum

INGREDIENTS

Moisture	12% max
Protein	9 to 10% min
Foreign Matter	1% min
Other Food Grain	1% min
Discoloured	1% min
Broken	1% min
Crop	New Year
Origin	India